

| Pos. | Tue 27th Oct | Caldecotte Lake | Start | Finish | Time | Pos. | Wed 28th Oct | Caldecotte Lake | Start | Finish | Time |
|------|----------------------|-------------------------|-------|----------|---------|------|------------------|-------------------------|-------|----------|---------|
| 1 | Jason Brunt | Norfolk Gazelles | 8.50 | 11:58:52 | 3:08:52 | 1 | David Joynton | Wolves & Bilston | 8.50 | 12:10:22 | 3:20:22 |
| 2 | Simon Staples | 100 Marathon Club | 8.50 | 12:22:05 | 3:32:05 | 2 | Mike Wheeler | Newbury AC | 8.50 | 12:13:40 | 3:23:40 |
| 3 | Robert Sharp | Didcot Runners | 8.50 | 12:25:42 | 3:35:42 | 3 | Craig Lovelock | Unaffiliated | 8.00 | 11:46:59 | 3:46:59 |
| 4 | Craig Lovelock | Unaffiliated | 8.00 | 11:43:35 | 3:43:35 | 4 | Rich Rex | City of Hull AC | 8.00 | 11:47:43 | 3:47:43 |
| 5 | Mark Rookledge | Octavian Droobers | 8.20 | 12:04:15 | 3:44:15 | 5 | John Kennedy | 100 Marathon Club | 8.30 | 12:34:22 | 4:04:22 |
| 6 | Steve Edwards | 100 Marathon Club | 8.40 | 12:24:49 | 3:44:49 | 6 | Simon Staples | 100 Marathon Club | 8.30 | 12:38:39 | 4:08:39 |
| 7 | Paul Braithwaite | Unaffiliated | 8.40 | 12:32:39 | 3:52:39 | 7 | Stuart Feenan | Boxfit Tri | 8.40 | 12:52:33 | 4:12:33 |
| 8 | Stephen Hayes | Unaffiliated | 8.30 | 12:23:13 | 3:53:13 | 8 | David Irwin | St Neots Riverside | 8.10 | 12:35:21 | 4:25:21 |
| 9 | Denys Baudry | 100 Marathon Club | 8.10 | 12:17:56 | 4:07:56 | 9 | Gary Dixon | 100 Marathon Club | 8.00 | 12:27:57 | 4:27:57 |
| 10 | Matthew Robins | Chiltern Harriers AC | 8.50 | 13:03:56 | 4:13:56 | 10 | Tony Stevenson | Unaffiliated | 8.40 | 13:08:35 | 4:28:35 |
| 11 | Ian Street | Unaffiliated | 8.40 | 13:00:54 | 4:20:54 | 11 | Karen Thompson | Badgers | 8.10 | 12:43:34 | 4:33:34 |
| 12 | Richard Ward | Derwent Runners (Derby) | 8.20 | 12:48:30 | 4:28:30 | 11 | Olivia Stacey | 100 Marathon Club | 8.10 | 12:43:34 | 4:33:34 |
| 13 | David Irwin | St Neots Riverside | 8.10 | 12:41:34 | 4:31:34 | 13 | Paul Braithwaite | Unaffiliated | 8.40 | 13:13:39 | 4:33:39 |
| 14 | Peter Finn | 100 Marathon Club | 8.30 | 13:06:43 | 4:36:43 | 14 | Denys Baudry | 100 Marathon Club | 8.10 | 12:47:33 | 4:37:33 |
| 15 | John Kew | Unaffiliated | 8.20 | 13:05:48 | 4:45:48 | 15 | Dean Chambers | 100 Marathon Club | 8.00 | 12:42:03 | 4:42:03 |
| 16 | Michael Farrington | Unaffiliated | 8.40 | 13:29:20 | 4:49:20 | 16 | Richard Ward | Derwent Runners (Derby) | 8.20 | 13:04:26 | 4:44:26 |
| 17 | Ian Vallance | Yaxley | 8.00 | 12:52:53 | 4:52:53 | 17 | John Kew | Unaffiliated | 8.20 | 13:14:22 | 4:54:22 |
| 18 | Adrian Pilbeam | Lonely Goat RC | 8.30 | 13:26:42 | 4:56:42 | 18 | Adrian Pilbeam | Lonely Goat RC | 8.30 | 13:28:41 | 4:58:41 |
| 19 | Karl Randall | 100 Marathon Club | 8.10 | 13:09:58 | 4:59:58 | 19 | Gill Mitchell | Wolves & Bilston | 8.20 | 13:30:52 | 5:10:52 |
| 20 | Olivia Stacey | 100 Marathon Club | 8.10 | 13:09:58 | 4:59:58 | 20 | Dawn Hunt | Unaffiliated | 8.40 | 14:00:35 | 5:20:35 |
| 21 | Bruce Mehew | Redway Runners | 8.30 | 13:41:24 | 5:11:24 | 21 | Karl Randall | 100 Marathon Club | 8.10 | 13:45:57 | 5:35:57 |
| 22 | Shelley Bennett | Thame Runners | 8.00 | 13:13:08 | 5:13:08 | 22 | Ian Vallance | Yaxley | 8.00 | 13:45:57 | 5:45:57 |
| 23 | Charlie McMurtary | Unaffiliated | 8.00 | 13:19:43 | 5:19:43 | 23 | Karen Chart | Collingwood AC | 8.20 | 14:32:53 | 6:12:53 |
| 24 | John Titmus | Buckingham & Stowe | 8.00 | 13:19:43 | 5:19:43 | 24 | Martin Ward | Derwent Runners (Derby) | 8.20 | 14:35:28 | 6:15:28 |
| 25 | Martin Ward | Derwent Runners (Derby) | 8.20 | 13:53:39 | 5:33:39 | | | | | | |
| 26 | Andy Huddle | 100 Marathon Club | 8.00 | 13:55:56 | 5:55:56 | | | | | | |
| 27 | Bob Chart | Unaffiliated | 8.30 | 14:33:41 | 6:03:41 | | | | | | |
| 28 | Karen Chart | Collingwood AC | 8.20 | 14:33:41 | 6:13:41 | | | | | | |
| Pos. | Tue 27th Oct | 50km | Start | Finish | Time | | | | | | |
| 1 | Ian Street | Unaffiliated | 8.40 | 14:02:27 | 5:22:27 | | | | | | |
| Pos. | Thu 29th Oct | Caldecotte Lake | Start | Finish | Time | | | | | | |
| 1 | Henry Hamilton-Gould | Newmarket Joggers | 8.40 | 11.49.03 | 3:09:03 | | | | | | |
| 2 | Chris Beard | 100 Marathon Club | 8.50 | 12.11.18 | 3:21:18 | | | | | | |
| 3 | Pat Norris | 100 Marathon Club | 8.40 | 12.33.21 | 3:53:21 | | | | | | |
| 4 | Craig Lovelock | Unaffiliated | 8.00 | 11.55.40 | 3:55:40 | | | | | | |
| 5 | Maurice Hemingway | St Neots Riverside | 8.50 | 12.48.56 | 3:58:56 | | | | | | |
| 6 | Nick Cockburn | 100 Marathon Club | 8.20 | 12.23.20 | 4:03:20 | | | | | | |

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| 7 | Stephen Hayes | Unaffiliated | 8.30 | 12.35.21 | 4:05:21 | | | | | | |
| 8 | David Irwin | St Neots Riverside | 8.10 | 12.23.01 | 4:13:01 | | | | | | |
| 9 | Jagjit Singh | BA Club London | 8.40 | 13.06.06 | 4:26:06 | | | | | | |
| 10 | Peter Finn | 100 Marathon Club | 8.30 | 13.00.12 | 4:30:12 | | | | | | |
| 11 | Denys Baudry | 100 Marathon Club | 8.10 | 12.46.34 | 4:36:34 | | | | | | |
| 12 | Jon Watkins | 100 Marathon Club | 8.30 | 13.08.14 | 4:38:14 | | | | | | |
| 13 | Richard Ward | Derwent Runners (Derby) | 8.20 | 13.02.24 | 4:42:24 | | | | | | |
| 14 | John Kew | Unaffiliated | 8.20 | 13.05.06 | 4:45:06 | | | | | | |
| 15 | Michael Farrington | Unaffiliated | 8.40 | 13.31.49 | 4:51:49 | | | | | | |
| 16 | Adrian Pilbeam | Lonely Goat RC | 8.30 | 13.22.42 | 4:52:42 | | | | | | |
| 17 | Quincy Boswell | Unaffiliated | 8.40 | 13.35.12 | 4:55:12 | | | | | | |
| 18 | Emily Hawke | Yaxley | 8.00 | 12.58.10 | 4:58:10 | | | | | | |
| 19 | Karl Randall | 100 Marathon Club | 8.10 | 13.22.40 | 5:12:40 | | | | | | |
| 19 | Olivia Stacey | 100 Marathon Club | 8.10 | 13.22.40 | 5:12:40 | | | | | | |
| 21 | Neil Briggs | MK Lakeside | 8.00 | 13.21.39 | 5:21:39 | | | | | | |
| 22 | Bruce Mehew | Redway Runners | 8.30 | 13.55.42 | 5:25:42 | | | | | | |
| 23 | Ian Vallance | Yaxley | 8.00 | 13.28.59 | 5:28:59 | | | | | | |
| 24 | Charlie McMurtary | Unaffiliated | 8.00 | 13.56.46 | 5:56:46 | | | | | | |
| 25 | Lynda Copson | 100 Marathon Club | 8.00 | 14.54.51 | 6:54:51 | | | | | | |
| Pos. | Thu 29th Oct | 50km | Start | Finish | Time | | | | | | |
| 1 | Neil Briggs | MK Lakeside | 8.00 | 14.36.49 | 6:36:49 | | | | | | |