

Name	Club	Time	Position
Paul Cross	Unaffiliated	3.23.38	1
Matt Tonks	Nuneaton Harriers	3.26.58	2
Keith Luxon	Benfleet	3.30.37	3
Jon Godfrey	City of Hull AC	3.37.26	4
Richard Kell	RRC	3.44.46	5
Stephen Lee	Hermitage Harriers	3.47.20	6
Paul Barton	Ampthill & Flitwick Flyers	3.52.16	7
Hideo Takano	Dorking & Mole Valley	3.52.32	8
Veritie Yates	DLRR	3.58.35	9 - First Lady
Heather McDonald-	RRC	4.04.30	10
Gary Kelly	100 Marathon Club	4.09.02	11
Denys Baudry	100 Marathon Club	4.09.11	12
Phillip Henwood	Unaffiliated	4.09.18	13
Peter Connolly	Unaffiliated	4.14.23	14
Pete Luxford	Stofold Runners	4.19.03	15
William Shippin	UK Netrunner	4.21.07	16
Paul Bridges	Springfield Striders	4.21.07	16
Dean Chambers	100 Marathon Club	4.25.03	18
Gary Shannon	Met Police Tri Club	4.34.21	19
Greg Ward	Sandhurst Joggers	4.42.52	20
Mel Roberts	Horsham Joggers	4.44.12	21
Simon Fenton	Sandwell Valley RC	4.51.40	22
Ulen Neale	Headington Road	4.53.29	23
David Lewis	100 Marathon Club	4.55.27	24
Janet Cobby	100 Marathon Club	4.55.27	24
Kaja Kosla	100 Marathon Club	4.57.33	26
Liz Smith	Harwich Runners	5.06.01	27
Ruth Benzimra	100 Marathon Club	5.09.21	28
Rachel Armstrong	DLRR	5.20.56	29
Helene Tyler	Great Bentley RC	5.27.03	30
Janet Foran	Sandhurst Joggers	6.00.28	31

Kate Jayden	West Cheshire AC	6.25.58	32
Jo Yarnall	Aldridge AC	6.25.58	32
Steve Eaton	Lichfield RC	6.46.35	34