

Position	Number	Name	Club	Time	
1	265	Helen Taranowski	West 4 Harriers	3.46.49	First Lady
1	266	Riel Carol	Clapham Chasers	3.46.49	
3	261	Lee Masters	Hogweed Trotters	4.36.20	
4	264	Roger Bullen	Wellingborough & Dist AC	4.38.02	
5	207	Tiago Dionisio	100 Marathon Club	4.49.43	
6	202	Helen James	Barrow Runners	4.58.19	
7	271	John Kipps	The Stragglers	5.06.47	
8	115	Matthew David	100 Marathon Club	5.12.22	
9	270	Quentin Brocklebank	Unaffiliated	5.36.22	
10	262	David Mould	Ely Runners	5.37.02	
11	183	Ellen Cottom	100 Marathon Club	5.54.34	
12	267	Graeme Hackland	Wootton RR	6.18.08	
13	204	Simon Hayward	Shenley Striders	6.19.37	
14	263	Rob Machin	Purple Patch	6.26.16	
15	240	John Close	FERC	6.39.42	
16	241	Melanie Floyd	Thetford AC	6.59.29	
16	242	Liz Smith	Harwich Runners	6.59.29	
18	144	Ruth Benzimra	100 Marathon Club	7.22.15	
19	201	Kate Jayden	West Cheshire AC	7.50.02	