

Green No	New Green No.	Name	Club	Day 1	Day 2	Day 3	Day 4	Total	2016 Quad Pos
3		Paul Allen	100 Marathon Club	3.19.50	3.24.58	3.34.30	3.30.54	13.50.12	1
	138	Jeff Hunt	Unaffiliated	3.26.55	3.34.31	3.42.31	3.41.58	14.25.55	2
10		Richard Kell	100 Marathon Club	3.23.07	3.51.31	3.51.44	3.49.30	14.55.52	3
64		Tiago Dionisio	100 Marathon Club	3.43.41	3.42.40	3.52.13	3.39.16	14.57.50	4
	139	Paul Bridges	Springfield Striders	3.41.30	3.46.07	3.43.42	3.49.30	15.00.49	5
	140	Richard Whittaker	100 Marathon Club	3.51.12	3.49.14	3.47.54	3.38.51	15.07.11	6
99		Alex Penny	Buckingham & Stowe	3.57.04	3.46.49	3.52.13	3.31.52	15.07.58	7
	141	Phil Adams	100km Association	3.47.04	3.46.15	3.52.13	3.49.53	15.15.25	8
	142	Guy Williams	Yeovil Town RRC	3.45.01	3.52.10	3.59.34	3.52.15	15.29.15	9
29		Keith Luxon	Benfleet RC	3.45.53	3.52.31	4.17.26	3.53.38	15.49.28	10
	143	Ben Tipping	Swindon Harriers	3.49.27	3.49.14	4.17.26	4.06.25	16.02.32	11
12		David Barr	100 Marathon Club	3.56.03	3.57.11	4.18.10	4.04.55	16.16.19	12
123		Paul Mason	The Stragglers	4.12.25	3.57.42	4.05.53	4.09.55	16.25.55	13
	144	Faye Trickett	Unaffiliated	4.04.16	4.07.47	4.11.50	4.06.06	16.29.59	14 - 1st Lady
63		Carl Miles	Mudcrew Trail Runners	3.51.57	3.57.22	4.10.35	4.38.48	16.38.42	15
11		Paul Barton	Ampthill & Flitwick Flyers	3.54.35	3.54.01	3.54.06	4.54.21	16.47.03	16
	145	Simon Puttock	Stirling Triathlon Club	4.13.08	4.11.44	4.10.25	4.18.51	16.54.08	17
73		Dean Chambers	100 Marathon Club	4.07.57	4.37.40	4.15.45	4.12.16	17.13.38	18
	146	Steve Jackson	Mudcrew Trail Runners	4.12.25	4.15.03	4.28.20	4.24.42	17.20.30	19
94		Steve Skedgell	100 Marathon Club	4.03.25	4.33.51	4.18.29	4.26.04	17.21.49	20
77		Pat Norris	FERC	4.06.32	4.23.29	4.20.33	4.31.30	17.22.04	21
126		Denys Baudry	100 Marathon Club	4.43.35	3.58.36	4.38.02	4.03.23	17.23.36	22
101		Tony Bowe	Northbrook AC	3.59.59	4.38.47	4.31.51	4.18.28	17.29.05	23
124		Elaine Dean	100 Marathon Club	4.09.11	4.23.56	4.27.59	4.28.47	17.29.53	24 - 2nd Lady
	147	Nick Cockburn	Sandwell Valley	4.35.35	4.37.40	4.15.45	4.07.08	17.36.08	25
	148	Helen McLoughlin	Unaffiliated	4.25.27	4.29.58	4.37.29	4.28.36	18.02.30	26 - 3rd Lady
	149	Laurence Hylton	FERC	4.22.38	4.38.04	4.44.12	4.29.58	18.15.52	27
	150	Laura Penny	Buckingham & Stowe	4.40.15	4.36.46	4.42.56	4.24.10	18.22.07	28
	151	Stephen Dunham	Redway Runners	4.21.11	4.39.05	4.39.53	4.45.09	18.25.18	29
	152	Philip Rand	Petswood Runners	3.57.47	4.50.32	4.56.13	4.45.22	18.29.54	30

	153	Mark Bradshaw	North East Marathon Club	4.54.37	4.39.48	4.34.46	4.26.49	18.36.00	31
107		Stefan Klincewicz	Waverley Harriers	4.17.43	4.22.40	5.04.55	5.13.05	18.58.23	32
	154	Ian Vallance	Yaxley Runners	5.00.23	4.43.40	5.08.26	4.27.28	19.19.57	33
127		Clive Hearn	100 Marathon Club	4.51.52	4.50.32	4.56.13	4.45.22	19.23.59	34
83		Karl Randall	100 Marathon Club	4.51.52	4.50.32	4.56.13	4.45.22	19.23.59	34
133		Paul Bigmore	100 Marathon Club	4.42.14	5.07.22	5.03.11	4.58.15	19.51.02	36
129		Peter Finn	100 Marathon Club	4.39.47	4.50.54	5.13.33	5.10.05	19.54.19	37
	155	Ulen Neale	Headington RR	4.54.59	4.55.58	5.17.17	4.51.43	19.59.57	38
	156	Karen Summerville	100 Marathon Club	4.54.17	5.04.53	5.24.53	5.15.06	20.39.09	39
35		Brian Mills	100 Marathon Club	5.02.15	5.10.52	5.21.01	5.14.27	20.48.35	40
	157	Paul Spooner	100 Marathon Club	4.51.52	5.04.01	5.34.19	5.18.34	20.48.46	41
111		Helen Walden	Unaffiliated	5.04.37	5.32.28	5.03.33	5.12.39	20.53.17	42
	158	Richard Tickner	Hailsham Harriers	4.52.09	5.09.56	5.34.19	5.20.45	20.57.09	43
134		Maryanne Aitken	100 Marathon Club	5.14.49	5.42.21	5.29.50	5.18.52	21.45.52	44
48		Ruth Benzimra	100 Marathon Club	5.07.54	5.28.21	5.43.04	5.36.21	21.55.40	45
	159	John Titmus	Buckingham & Stowe	4.44.59	5.48.43	5.15.45	6.11.50	22.01.17	46
	160	Liz Small	Stevenage Striders	5.39.35	5.27.25	5.38.26	5.36.08	22.11.34	47
	161	Nick Nicholson	Unaffiliated	4.53.38	5.36.31	6.18.59	5.49.15	22.38.08	48
	162	Jagjit Singh	100 Marathon Club	5.17.58	5.38.48	5.53.02	5.56.56	22.46.44	49
	163	Leslie Reilly	Unaffiliated	6.17.52	5.43.38	5.40.36	5.36.31	23.18.37	50
117		Max Cottrell-East	Serpentine	6.04.43	5.42.21	6.14.00	6.26.59	24.28.03	51
136		Lauren Goldsmith	Unaffiliated	5.50.41	6.29.56	6.29.11	5.26.37	24.16.25	52
	164	Emma Lewis	Sandhurst Joggers	6.04.43	6.24.12	6.14.00	6.26.59	25.09.54	53
137		Stewart Docherty	Unaffiliated	6.17.52	6.29.56	6.26.11	5.56.56	25.10.55	54
	165	Max Marshall	LFR	6.27.22	6.22.06	6.55.39	6.58.20	26.43.27	55