

2013 Race Number	Name	Club	Day 1	Day 2	Day 3	Day 4	Cumulative Total	Position	Green Number
422	James Murray	Bideford AAC	3.05.59	3.08.17	3.11.15	3.13.20	12.38.51	1 - COURSE RECORD	57
24	Rik Vercoe	100 Marathon Club	3.13.03	3.21.23	3.22.27	3.20.25	13.17.18	2	
435	Chris Brookman	MK Lakeside Runners	3.23.09	3.26.05	3.21.05	3.21.58	13.32.17	3	58
423	Sally Ford	UK Netrunner	3.19.36	3.27.35	3.27.11	3.31.30	13.45.52	4 - FIRST LADY - COURSE RECORD	59
447	Matthew Moroz	Sheen Shufflers	3.13.05	3.08.50	3.38.45	3.52.31	13.53.11	5	60
30	Matt Dunn	UK Netrunner	3.13.15	3.37.27	3.28.05	3.39.59	13.58.46	6	
405	Diane Roy	East Cornwall Harriers	3.36.12	3.38.38	3.37.11	3.49.49	14.40.50	7	61
449	Riccardo Giussani	Unaffiliated	3.36.09	3.30.30	3.52.31	3.50.54	14.50.04	8	62
409	Carl Miles	East Cornwall Harriers	3.55.22	3.35.25	3.40.33	3.40.20	14.51.40	9	63
27	David Cremins	100 Marathon Club	3.38.52	3.40.18	3.36.59	3.58.45	14.54.54	10	
6	Matthew David	100 Marathon Club	3.37.14	3.49.56	3.44.41	3.46.20	14.58.11	11	
420	Tiago Dionisio	100 Marathon Club	4.01.51	3.48.51	3.43.59	3.46.57	15.21.38	12	64
26	Lisa Wallbridge	100 Marathon Club	3.43.38	4.00.52	3.53.34	3.52.16	15.30.20	13	
29	Keith Luxon	Benfleet RC	3.47.07	3.54.41	3.55.50	3.55.11	15.32.49	14	
403	Trinity Booth	Thornbury RC	3.58.04	3.55.40	4.07.32	3.54.56	15.56.12	15	65
10	Richard Kell	RRC	3.47.43	3.56.56	3.58.49	4.14.09	15.57.37	16	
33	David Mould	Ely Runners	3.51.55	3.57.24	4.15.46	3.53.35	15.58.40	17	
431	Mike Tilsley	MK Lakeside Runners	3.55.22	4.13.48	4.03.50	3.50.30	16.03.30	18	66
426	Darren Rowe	Cleethorpes AC	4.26.38	3.57.13	3.57.03	3.42.42	16.03.36	19	67
425	Mark Atkinson	MK Lakeside Runners	4.04.09	4.06.54	4.05.08	4.06.17	16.22.28	20	68
430	Kevin Blackhurst	Kirkstall Harriers	4.03.17	4.04.51	4.11.30	4.11.32	16.31.10	21	69
441	Jeremy Issac	Unaffiliated	4.05.22	4.15.48	4.18.05	4.07.33	16.46.48	22	70
442	Ellen Cottom	100 Marathon Club	4.08.13	4.17.12	4.13.37	4.13.34	16.52.36	23	71
417	Rosemary Close	FERC	4.20.00	4.19.29	4.15.41	4.11.40	17.06.50	24	72
418	Dean Chambers	Unaffiliated	4.30.01	4.39.39	4.29.17	4.30.29	17.09.26	25	73
406	David Clark	Unaffiliated	4.29.59	4.23.35	4.13.13	4.06.22	17.13.09	26	74
445	Dawn Riden	Hogweed Trotters	4.15.54	4.15.48	4.16.47	4.37.12	17.25.41	27	75
47	Keith Stuart	FERC	4.18.30	4.29.37	4.40.00	4.18.23	17.46.30	28	
404	David Phipps	FERC	4.32.29	4.43.53	4.08.31	4.34.52	17.59.45	29	76
436	Patrick Norris	Unaffiliated	4.11.38	4.29.16	4.33.16	4.45.56	17.59.56	30	77
42	Karen Hurrell	Dagenham 88 Runners	4.34.34	4.34.59	4.38.21	4.24.00	18.10.54	31	
15	Jon Aston	Wrekin RR	4.28.38	4.24.52	4.30.33	4.49.38	18.13.41	32	
428	Brenda Wilkin	Unaffiliated	4.10.42	4.29.37	4.54.05	5.22.46	18.57.10	33	78
11	Paul Barton	Amphill & Flitwick Flyers	4.12.29	4.43.53	4.42.48	5.25.27	19.04.37	34	
454	Chris Beard	Unaffiliated	4.14.07	4.57.34	4.42.58	5.13.43	19.08.22	35	79
12	David Barr	Tunbridge Wells Harriers	4.45.14	4.55.42	4.44.48	4.42.45	19.08.29	36	
413	Glen Keegan	Herne Hill Harriers	5.13.56	4.55.42	4.44.48	4.42.45	19.37.11	37	80
37	Barry Light	Littledown Harriers	4.45.32	5.37.55	4.42.59	4.52.02	19.58.28	38	
443	Lisa Hewitt	100 Marathon Club	4.47.58	5.12.44	4.59.25	5.21.48	20.21.55	39	81
48	Ruth Benzimra	100 Marathon Club	5.04.30	5.06.27	5.07.36	5.08.20	20.26.53	40	
416	Diane Shaw	Kirkstall Harriers	4.45.37	5.16.39	5.10.48	5.21.15	20.34.19	41	82
419	Karl Randall	Unaffiliated	5.13.56	4.59.48	5.27.49	5.29.01	21.10.34	42	83
408	Davey Green	Launceston	5.06.54	5.28.07	5.34.05	5.02.32	21.11.38	43	84
437	Andrew Kinney	Harlow RC	5.09.35	5.22.24	5.15.44	5.31.41	21.19.24	44	85
52	Traviss Willcox	100 Marathon Club	4.55.48	5.27.04	5.12.24	5.45.09	21.20.25	45	
45	Denzil Martin	Wrekin RR	5.04.30	5.06.27	4.57.07	6.19.56	21.26.00	46	
415	Cat Marriott	Biggleswade AC	5.17.45	5.47.25	5.27.14	5.37.46	22.10.10	47	86
35	Brian Mills	100 Marathon Club	5.15.10	5.24.56	5.41.30	6.02.18	22.23.54	48	
17	Kaja Kosla	TRA	5.33.15	6.01.23	5.37.06	5.41.28	22.53.12	49	

