

| Position | Number | Name | Club | Time | | |
|----------|--------|-------------------|----------------------------|---------|------------|--|
| 1 | 422 | James Murray | Bideford AAC | 3.05.59 | | |
| 2 | 24 | Rik Vercoe | 100 Marathon Club | 3.13.03 | | |
| 2 | 440 | Jonathan Godfrey | Unaffiliated | 3.13.03 | | |
| 4 | 447 | Matthew Moroz | Sheen Shufflers | 3.13.05 | | |
| 5 | 30 | Matt Dunn | UK Netrunner | 3.13.15 | | |
| 6 | 423 | Sally Ford | Unaffiliated | 3.19.36 | First Lady | |
| 7 | 435 | Chris Brookman | MK Lakeside Runners | 3.23.09 | | |
| 8 | 23 | Gary Wade | 100 Marathon Club | 3.28.13 | | |
| 9 | 28 | Malc Collins | Astley & Tyldesley | 3.35.40 | | |
| 10 | 449 | Riccardo Giussani | Unaffiliated | 3.36.09 | | |
| 11 | 405 | Diane Roy | East Cornwall Harriers | 3.36.12 | | |
| 12 | 6 | Matthew David | 100 Marathon Club | 3.37.14 | | |
| 13 | 27 | David Cremins | 100 Marathon Club | 3.38.52 | | |
| 14 | 401 | Leigh Carr | Unaffiliated | 3.39.02 | | |
| 15 | 456 | Martin Neale | Ropsley RR | 3.41.27 | | |
| 16 | 26 | Lisa Wallbridge | 100 Marathon Club | 3.43.38 | | |
| 17 | 29 | Keith Luxon | Benfleet RC | 3.47.07 | | |
| 18 | 10 | Richard Kell | RRC | 3.47.43 | | |
| 19 | 33 | David Mould | Ely Runners | 3.51.55 | | |
| 20 | 409 | Carl Miles | East Cornwall Harriers | 3.55.22 | | |
| 20 | 431 | Mike Tilsley | MK Lakeside Runners | 3.55.22 | | |
| 22 | 403 | Trinity Booth | Thornbury RC | 3.58.04 | | |
| 23 | 450 | Jonny Kempster | Witham RC | 3.59.10 | | |
| 24 | 420 | Tiago Dionisio | 100 Marathon Club | 4.01.51 | | |
| 25 | 430 | Kevin Blackhurst | Kirkstall Harriers | 4.03.17 | | |
| 26 | 425 | Mark Atkinson | MK Lakeside Runners | 4.04.09 | | |
| 27 | 441 | Jeremy Issac | Unaffiliated | 4.05.22 | | |
| 28 | 442 | Ellen Cottom | 100 Marathon Club | 4.08.13 | | |
| 29 | 428 | Brenda Wilkin | Unaffiliated | 4.10.42 | | |
| 30 | 436 | Patrick Norris | Unaffiliated | 4.11.38 | | |
| 31 | 11 | Paul Barton | Ampthill & Flitwick Flyers | 4.12.29 | | |
| 32 | 454 | Chris Beard | Unaffiliated | 4.14.07 | | |
| 33 | 445 | Dawn Riden | Hogweed Trotters | 4.15.54 | | |
| 34 | 47 | Keith Stuart | FERC | 4.18.30 | | |
| 35 | 458 | Roger Biggs | 100 Marathon Club | 4.18.55 | | |
| 36 | 417 | Rosemary Close | FERC | 4.20.00 | | |
| 37 | 426 | Darren Rowe | Cleethorpes AC | 4.26.38 | | |
| 38 | 15 | Jon Aston | Wrekin RR | 4.28.38 | | |
| 39 | 406 | David Clark | Unaffiliated | 4.29.59 | | |
| 40 | 418 | Dean Chambers | Unaffiliated | 4.30.01 | | |
| 41 | 404 | David Phipps | FERC | 4.32.29 | | |

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| 42 | 42 | Karen Hurrell | Dagenham 88 Runners | 4.34.34 | | |
| 43 | 46 | Kathryn Hall | St Albans Striders | 4.42.28 | | |
| 44 | 12 | David Barr | Tunbridge Wells Harriers | 4.45.14 | | |
| 45 | 37 | Barry Light | Littledown Harriers | 4.45.32 | | |
| 46 | 416 | Diane Shaw | Kirkstall Harriers | 4.45.37 | | |
| 47 | 443 | Lisa Hewitt | 100 Marathon Club | 4.47.58 | | |
| 47 | 448 | Kate Jayden | West Cheshire AC | 4.47.58 | | |
| 49 | 52 | Traviss Willcox | 100 Marathon Club | 4.55.48 | | |
| 50 | 427 | Lesley Parry | Cleethorpes AC | 4.56.12 | | |
| 51 | 45 | Denzil Martin | Wrekin RR | 5.04.30 | | |
| 51 | 48 | Ruth Benzimra | 100 Marathon Club | 5.04.30 | | |
| 53 | 408 | Davey Green | Launceston | 5.06.54 | | |
| 54 | 437 | Andrew Kinney | Harlow RC | 5.09.35 | | |
| 55 | 413 | Glen Keegan | Herne Hill Harriers | 5.13.56 | | |
| 55 | 419 | Karl Randall | Unaffiliated | 5.13.56 | | |
| 57 | 35 | Brian Mills | 100 Marathon Club | 5.15.10 | | |
| 58 | 415 | Cat Marriott | Biggleswade AC | 5.17.45 | | |
| 59 | 412 | Liz Smith | FERC | 5.28.49 | | |
| 59 | 429 | Melanie Floyd | Thetford AC | 5.28.49 | | |
| 61 | 459 | Paul Holgate | Fairlands Valley Spart. | 5.30.50 | | |
| 62 | 17 | Kaja Kosla | TRA | 5.33.15 | | |
| 63 | 433 | Stephen Eaton | Lichfield | 6.13.23 | | |
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