Name	Day 5	Rank: Day 5		No.	Name	Day 1	Rank: Day 1	Day 2	Rank: Day 2	Day 3	Rank: Day 3	Day 4	Rank: Day 4	Day 5	Rank: Day 5	Total Time	Average Time	Provisional 7in7 Overall Rank
Tiago Dionisio	3:44:49	1		13	Peter Kouwenberg	3:59:54	4	4:24:15	3	4:15:22	7	4:15:43	3	4:16:10	3	21:11:24	4:14:17	1
Steve Kitchen	4:12:47	2		3	Martyn Brunt	4:40:24	13	4:37:53	5	4:14:52	6	4:40:58	11	4:34:47	5	22:48:54	4:33:47	2
Peter Kouwenberg	4:16:10	3		2	Jane Lightfoot	4:49:16	15	4:49:21	6	5:34:04	19	5:26:39	15	5:45:35	12	26:24:55	5:16:59	3
Kathryn Hawkswell	4:26:57	4		6	Jon Watkins	5:06:44	17	4:51:13	7	5:26:22	17	5:34:12	17	5:49:45	14	26:48:16	5:21:39	4
Martyn Brunt	4:34:47	5		7	Samanta Petakova	5:32:13	20	5:36:25	14	5:47:03	24	5:30:09	16	5:09:56	10	27:35:46	5:31:09	5
Jonathan Burridge	4:40:26	6		0	Charlie McMurtary	5:38:16	21	5:48:17	16	5:46:19	22	6:02:59	21	6:04:51	16	29:20:42	5:52:08	6
Mark Rose	4:42:30	7		8	Karen Hamilton	5:38:16	21	5:48:17	16	5:46:19	22	6:02:59	21	6:04:51	16	29:20:42	5:52:08	6
Harold Hoppent	4:51:28	8		11	Stephanie Attenborough	5:59:41	27	6:45:55	24	5:42:35	20	5:45:55	19	6:30:13	21	30:44:19	6:08:52	8
Alan Grainge	5:00:55	9		12	Scott Griffin	6:20:04	30	6:17:41	23	6:05:14	25	6:10:05	23	6:14:28	18	31:07:32	6:13:30	9
Samanta Petakova	5:09:56	10		4	Dominicus Bhattacharyya	6:10:37	28	6:06:06	21	6:17:23	26	6:30:05	24	6:48:32	22	31:52:43	6:22:33	10
Alison Jones	5:22:08	11		10	Collette O'Hagan	6:10:37	28	6:06:06	21	6:17:23	26	6:30:05	24	6:48:32	22	31:52:43	6:22:33	10
Jane Lightfoot	5:45:35	12																
Christine Gorham	5:49:00	13																
Jon Watkins	5:49:45	14																
Louise Simpson	5:49:45	14																
Charlie McMurtary	6:04:51	16																
Karen Hamilton	6:04:51	16																
Scott Griffin	6:14:28	18																
Cat Marriott	6:15:59	19																
Lin Holley	6:15:59	19																
Stephanie Attenborough	6:30:13	21																
Dominicus Bhattacharyya	6:48:32	22																
Collette O'Hagan	6:48:32	22																