Week at the knees - 7in7

Pos.	Name		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Total
1	Aarno Lehtola	100 Marathon Club	03:54:59	03:55:17	03:54:38	03:48:03	03:49:31	03:49:34	03:49:52	27:01:54
2	Denys Baudry	100 Marathon Club	04:09:00	04:20:28	04:14:30	04:09:38	04:04:44	04:21:54	04:15:59	29:36:13
3	Annette Russell	Daventry Road Runners	04:05:05	04:10:47	04:14:15	04:29:55	04:48:08	04:34:00	04:39:38	31:01:48
4	Bob Turner	North Bristol Running	04:07:51	05:18:59	05:21:20	05:02:33	04:23:56	04:09:37	04:19:37	32:43:53
5	Mark Bastick	Redway Runners	04:35:35	04:51:30	03:56:59	04:27:15	04:42:16	04:48:28	06:17:17	33:39:20
6	Mandy Harley	Ipswich Jaffa	04:35:52	04:55:37	04:56:59	05:03:53	04:57:50	04:58:12	05:08:19	34:36:42
7	Mark Travers	St Albans Striders	05:12:54	04:53:54	05:01:49	05:15:23	05:16:47	05:18:56	05:42:38	36:42:21
8	Debbie Coolman	MK Lakeside	05:25:29	05:35:45	05:31:46	05:49:54	05:36:33	05:52:10	05:49:29	39:41:06
9	Charlie Harwood	Unaffilated	04:59:20	05:39:39	06:42:40	05:55:42	06:32:35	05:43:47	06:17:17	41:51:00
10	Nick Nicholson	100 Marathon Club	05:38:46	06:33:23	05:09:30	05:38:40	06:07:42	06:55:29	06:17:46	42:21:16
11	Lloyd McMurtary	Unaffilated	05:55:22	06:33:23	06:42:40	05:55:37	06:32:35	05:43:47	06:17:17	43:40:41
12	Sivabalan Pandian	Unaffilated	06:13:59	06:23:00	06:25:21	06:19:54	06:27:23	06:12:08	06:30:46	44:32:31
13	Gina Biggs	Red Rose Runners	06:12:49	05:59:33	06:38:05	06:30:48	06:13:41	06:33:17	06:43:28	44:51:41
14	Tim Lupton	SWRR	06:58:04	06:05:46	06:31:01	05:44:38	06:32:35	06:48:03	06:21:00	45:01:07
15	Chris Hobson	Holmfirth Harriers	06:19:20	07:01:55	06:38:05	06:30:48	06:20:16	06:43:53	06:32:05	46:06:22